

## Once Upon A Time... <u>A Storytelling Workshop</u>

As long as there have been people, there have been stories. Storytelling is an ancient and valuable art that extends around the globe. According to recent study, storytelling for children fosters empathy, aids brain development, and establishes the foundation for the development of social, communication, and interpersonal skills.

The objective of workshop is to demystify the craft of the storytelling, and open the doors of creativity to effectively use narrative as a means of communication and learning.

## Benefits of the workshop

- Boost self-confidence and ability to express yourself
- Foster conversation skills
- Stimulate imagination and creativity
- Shed fears of public speaking

## About the Resource person:

Mrs. Rati Uppal is a 10+ year experienced educator with the mission of empowering children to express their emotions in the best way possible. She has a bachelor's degree in Arts and Master's in English Literature. She is a certified Trinity teacher (Trinity College, London) for the Speech & Drama category and Helen O' Grady certified Master Trainer.

## STORIES are at the heart of everything we do, so let's begin one! <u>CLICK HERE TO ENROLL</u>

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